

# PRAIRIE HARVEST RUG HOOKING SCHOOL

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## Upcoming Events

SEPTEMBER 15-20, 2013

Prairie Harvest Rug Hooking  
School  
Cedar Lodge, Dundurn, SK

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## EDITOR'S CORNER

When I first started rug hooking I fell in love with primitives. The soft muted colours and large size cut are what drew me in. As my exposure to the different styles of rug hooking has expanded and I've been taking classes from different teachers, I am picking projects that I never thought I would do.

I said I would never dye and I have been dyeing new wool different shades of orange for a Halloween design by Melissa McKay. For school in September I am planning to do a Christmas rug with black writing and a chartreuse background. I also bought a number 3 blade for my cutter. Occasionally I remove the number 6 or usually the number 8 blade so I can use the number 3 to accent a piece of detail. I enjoy where my rug hooking journey has taken me.

I have been reading the articles that Rita has been emailing us about the elevator rugs. I am extremely proud of us as a group. To the people who were able to create a rug and use different styles and interpretations of the elevators, we did a great job. It sounds like the people who are viewing the exhibits are enjoying them. I overheard my mother telling her friend about my rug travelling around the prairies. She commented "Oh, other ladies have rugs too". It made me smile, my mother thinks I am the star of the show.

See you in the fall!

Renee Langan

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## Important Announcement

This year's theme will be  
medieval.

## Bright Black

Recipes by Tanya Graham 2013

After making a study of Post-Impressionist and Fauvist painters, I went on a hunt for the colour Black. A bright contemporary black was what I was looking for. Not an 'outline' black, but a black which could stand alone as a beautiful colour, and which could also enhance other intense colours.

Over the years I have been making a basic colour collection of wool by dyeing to standard colours which you would use if you were an artist/painter. So I have four classic reds, four classic blues etcetera to choose from. In the search for a 'painter's black' I asked two artists who don't know each other how each one makes black. Artist 'A' said "ultramarine and burnt sienna". Artist 'B' said "cobalt and one of the burnt". The colour ultramarine blue is one of my basics. Burnt sienna is a reddish brown.

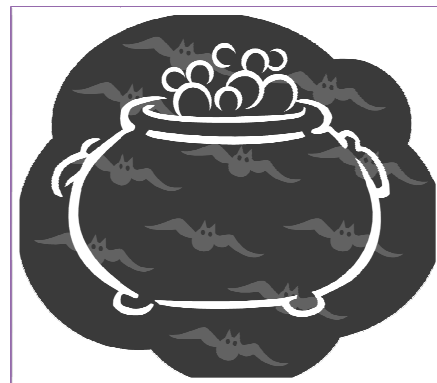
Here is the recipe using Majic Carpet dyes. I think if you use Pro-chem that 'Brick' might be a good burnt sienna colour.

- 1/2 teaspoon Blue
- 1/16 teaspoon Blue Violet
- 1/16 teaspoon Black
- 1/2 teaspoon Reddish Brown
- Half a yard of dark plaid or check wool

Mix these together in one cup boiling water. Add 1/2 teaspoon Glaubers Salts for even dyeing. Use the stove-top method of dyeing with 1/3 cup of vinegar as a mordant assist.

The choice of wool for dyeing black is very important. Use a dark plaid, but keep away from anything with green in it. Why? Because that would be introducing yet another colour to the recipe and it will dull the black. I used a dark red and blue plaid, in keeping with the red and blue dyes.

How about pale black? You won't get grey by using this recipe. But if you use two or three tablespoons of the dye solution to dye half a yard of Dorr Natural, you will have a very beautiful light taupe. It looks very smart with black.



### Keep Limber

Don't forget to take a break. Get up from your frame every 40 to 45 minutes and stretch to prevent tension in muscle; go to the bathroom, check on the dog, or check on the kids.

# Rug Hooking in Victoria BC

by **Michaele Freeman**

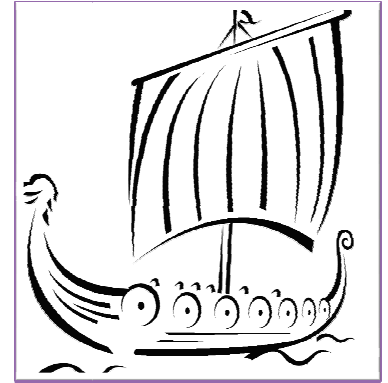
The West Coast of Canada is quite an active rug hooking community. The Woolly Thyme Rug Hookers, of which I am a member, meets weekly on a Monday evening all year round to hook on our project *d'jour*. Our group is small, and we take turns hosting. It's always fun to get out the nice cups and saucers, and have something special for dessert!

The Woolly Thymers also organize a Winter Hook-In (this year was our ninth annual) around the middle of the month in January—to help get rid of those post-Christmas blues—and to inspire us all for the coming year! And that it does! Year after year, it is amazing to see the quality of work coming out of the West Coast. It's awe inspiring, and there is much chat about the present project at hand, and workshops which may be planned for the coming year. The event is held in a church hall on a Friday and Saturday (church hall is in use by the church on a Sunday), where we have our dinner catered, have a swap and shop after dinner, and a wool draw. Saturday brings on fresh sandwiches with fruit and veggies for lunch, and all day, both days, there's always tea, coffee and home-baked sweets which the Woolly Thymers produce in their own kitchens.

We have two vendors, who provide beautifully dyed wool and other supplies necessary or wanted by the rug hookers present. There are door prizes and group photos taken as well. With our tenth annual Winter Hook-In coming up next year, we're working on having even more surprises!

And yes, there are other groups in Victoria, too! One of them is Monday Hook-Ups, which is held the 4<sup>th</sup> (not necessarily the last) Monday of the month from September to May, inclusive, but excluding December. We meet in Oaklands Neighbourhood House, a part of Oaklands Community Centre here in Victoria. There are usually between six and twelve people in attendance, and again, we share our skills and knowledge, helping those who are new to the craft of rug hooking. We always have lots of laughs!

There are other groups here and there, and quite a few up and down the Island! It's always exciting when the groups come together at the Winter Hook-In to share and compare the works which come from our hearts!



## Tasty Treat

### Tumbleweeds

2 cups butterscotch chips

2 cups dry roasted peanuts

2 tbsp peanut butter

1 bag hickory sticks

In a microwave safe dish, combine the butterscotch chips and peanut butter. Cook in the microwave for 1 minute on full power. Stir, then continue to cook for 30 second intervals, stirring each time, until melted and smooth. Mix in the peanuts and shoestring potatoes. Spoon small heaps onto waxed paper, and let stand until firm.

## Some Techniques for Finishing Edges

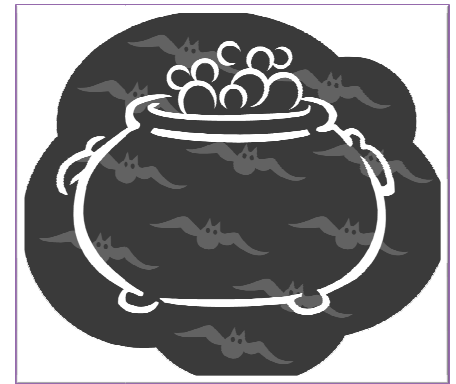
By Sara Judith

1. Fold extra binding to back. Whipping over cording in edge. Then binding tape attached to cover edge of backing. (Use method—cording, whipping, binding tape)
2. As above but use herringbone stitch for whipping. Uses at least twice as much yarn. Easier to do with light coloured yarn. (See RHGNS Newsletter Sept 2004 Beverly Levine)
3. As in #1 but vary colours of whipping yarn to match rug as it varies. (eg. Blue in sky, green for grass, etc.)
4. Roll extra backing to front. Cover with whipping. No binding tape is attached. Can be used in Orientals to mimic warp edge on two long sides.
5. As in #4 but roll over cording.
6. As in #4 or #5 but use cut strips of border material (wool Cloth strips), at least #5 cut.
7. Flat wool edge. (Directions RHM Mar/Apr/May 1999 Joan Rechwerdt)

## Some Tips on Finishing Edges

By Sara Judith

1. Make sure when sewing on binding tape that the last row of stitching catches both loops and the backing.
2. Use carpet and craft thread as it is stronger. Use same colour as binding tape or darker.
3. Work finishing of edge on tabletop to get flat edge. Particularly important on curved edges.
4. Use wool for whipping as it wears longer than synthetics. Does not pill.
5. When whipping do not always use the same row of holes in the backing as it will weaken the edge. Vary the row that you stitch into.
6. Some people find a bent tip tapestry needle easier to whip with.
7. Binding twill tape has a thread that can be pulled to a gather, for going around circles, ovals or rounded corners.
8. Edge protection vs. decoration. First importance is to secure the edge of rug.
9. Use white glue, silicone (more flexible) or Fray-Check to secure edges that are irregularly shaped, or small items like pins or mug-rugs.
10. Use HeatnBond Ultrahold to stabilize edge (available in a strip or a sheet). Iron as close to edge of hooking as possible. Then cut just outside the edge.



## Good Eats

### Edible Brussels Sprouts

Take 2 cups of Brussels sprouts and cut in half, place in a bowl. Drizzle with olive oil. Sprinkle with Sweet Basil Rub by Pampered Chef, or seasoning of choice. Place in a single layer on ungreased baking sheet or clay backing pan. Bake at 375 degrees for 25-30 minutes. Can also do on the BBQ.

No more soggy Brussels sprouts!

## Western Canadian Rug Hooking Education Association (WCRHEA)

If you would like to become a member of the WCRHEA, please contact Sara Judith for an application form [sara.judith1@gmail.com](mailto:sara.judith1@gmail.com) or 250-352-5218. Membership dues are currently set at \$20.00 Canadian per year and the year starts September 1<sup>st</sup>. If you are a member of the association and would like a copy of the by-laws or a copy of the teacher accreditation program, please contact Heather Fox at [heatherafox@hotmail.com](mailto:heatherafox@hotmail.com) or 250-358-2680. Student teachers must become members of the association.

### Teachers Listing

Name	Address	Phone	E-Mail	Preferred Teaching
Bartlett, Marlene	322-7229 Sierra Morena Blvd., Calgary, AB T3H 3L8	403-246-4070		Beginners, Creative Stitches, Geometric, Pictorials
Caswell, Cec	62-23020 Twp Rd 522 Sherwood Park, AB T8B 1H1	780-467-2685	ceccaswell@shaw.ca	Orinetals, Dyeing, Crewel, Beginners to Advanced
Fox, Heather	P.O. Box 213, New Denver, BC V0G 1S0	250-358-2680	heatherafox@hotmail.com	Beginners, Fine Shading
Freeman, Michael	2717 Belmont Ave, Victoria, BC V9R 4A9	250-595-6302	mbfreeman@telus.net	Beginners, Landscapes, Pictorials
Graham, Tanya	PO Box 528 41702 Finn Road, Brackendale, BC V0N 1H0	604-898-2271	tanyagraham@shaw.ca	Design, Composition, Fine Shading, Colour, Portraits, Beginner to Advanced
Halsall, Wendy	7151 Sebastian Rd., Lantzville, BC V0R 2H0	250-390-4501	wenhal@shaw.ca	Beginners to Advanced, Pictorials, Orientals
Judith, Sara	#2 1004 8th St, Nelson, BC V1L 3B3	250-352-5218	sara.judith1@gmail.com	Punch Hooking, Dyeing, Mini-Memories, Improvisation, Combined Techniques
Kelly, Catherine	72 Woodlands Drive, Tijeras, NM USA 87059	505-286-8473	ciemque@msn.com	Beginners to Advanced, Creativity processes, Design your Own
Kingdon, Holly	1509 11 Ave SE, High River, AB T1V 1L6	403-601-4931	hkingdon@shaw.ca	Beginners, Geometrics
McLean, Janet	6051-35A Avenue, Edmonton, AB T8S 0A1	780-244-5472	janmarmcl@hotmail.com	Beginners, Animals, Whimsey, Fun Pieces
Merchant, Lise	41 MacPherson Rd, Whitehorse, YT Y1A 5S4	867-633-3709	lmerchant@northwestel.net	Beginners, Stained Glass
Pierce, Laura	865 Maria Drive, Petaluma, CA USA 94954	707-762-2595	lwpierce@comcast.net	Portraits, Landscapes, Special Stitches, Design
Roth, Lynn	6312 60th Street, Rocky Mtn House, AB, T4T 1K3	403-845-3689	lynnrothrugger@yahoo.ca	Beginners, Geometrics, Colour Wheel
Trefry, Judy	Box 11 Grp 407 RR4, Beausejour, MB R0E 0C0	204-268-5343	paradise2007@xplornet.com	Beginners, Dyeing
Wiles, Laurie	10002 135 Street, Edmonton, AB T5N 2B9	780-451-5234	klingskitty@gmail.com	Beginners to Advanced, Wide-Cut, Animals, Dyeing, Pictorials, Minis

Rugs from Prairie Harvest Rug Hooking School 2012



Rug by Rusty



Rug by Jan Hague



Rug by Leslie Cuthbertson



Rug by Holly Kingdon



Rug by Jeannine Smith



Rug by Lynn Roth